

# Top 10 Tips to Become Exam Ready

**Disha Publication**, one of the leading companies in the publication sector, is going to share with you the Top 10 Tips to become exam ready. These Tips have been gathered from the toppers of class 10<sup>th</sup>-12<sup>th</sup> CBSE boards, and various other competitive exams.

Stress and anxiety are common among the students and they desperately want to know the preparation techniques for the exam, i.e., what to study, how to study and much more. So, we did our research about the exam patterns and also met many toppers and created this documentation **“Best Tips to Get Ready for Exams”**.

## 1. Find out about the exam

Know the exam you are preparing for – find out as much as you can about the exam. Questions to ask include:

- How much is the exam worth to your overall mark in the subject?
- What type of exam is it (for example, multiple-choice, essay, open book)?
- Will there be a choice of questions or tasks?
- How much will each question or task be worth?



## 2. Find the best study material

The market has a variety of study materials but you have to find the one that is the best for you and also is up-to-date with the syllabus, otherwise preparing with an out-dated syllabus can affect your score. You can find some great resources for your preparation on [www.dishapublication.com](http://www.dishapublication.com).

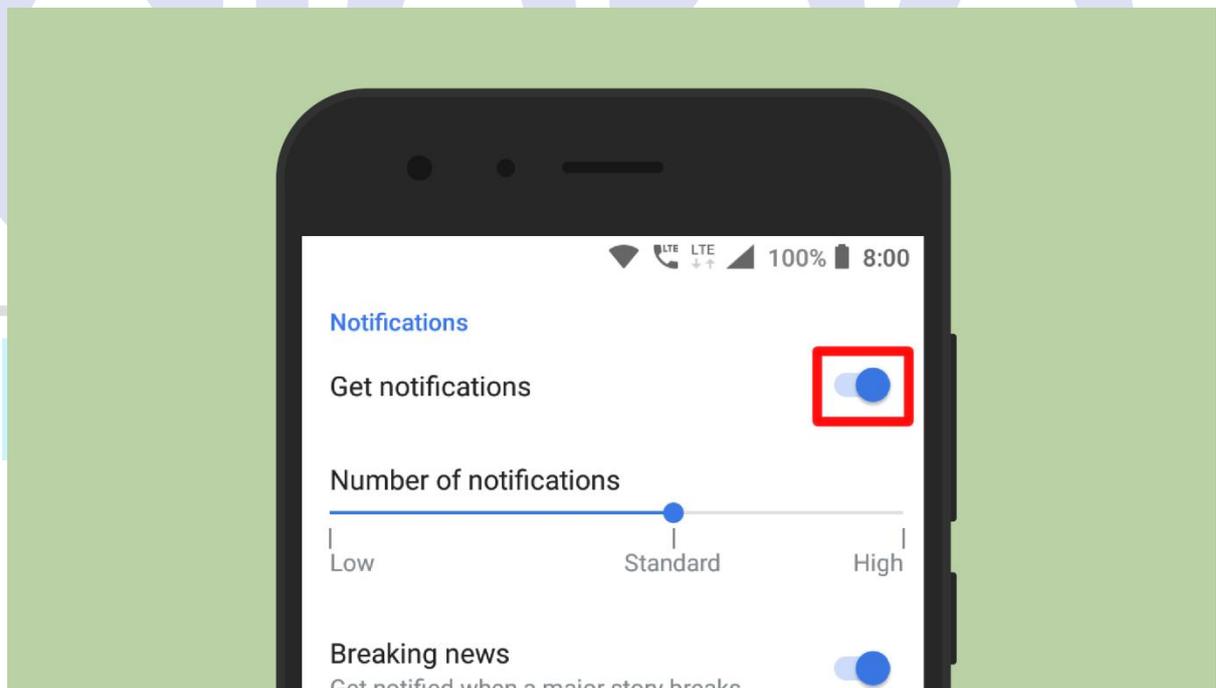
## 3. Review past exam papers

Check the last 10 year papers because most exams repeat the same past year patterns and questions. Practice them one by one; it can make you 50-60% ready for the exam.

## 4. Go offline (scary but necessary)

Take a break from anything which can distract you during your exam preparation.

- Turn-off your mobile notifications



## 5. Plan your study time

Planning out a study schedule is an effective way that helps you in time management.

You have to plan on the amount of time you plan to devote to each topic. You can do it like this:-

- Choose the most important topic first.
- Practice the topic that has the highest weightage in the exam
- Create a list of topics in ascending order.
- Now assign the study time to the topics.

These steps will help you to complete the entire topics before the time.

## 6. Take small breaks

Take small breaks, it will keep you stress-free.

- Eat some snacks.
- Exercise. It keeps your blood circulation in right flow.
- Drink plenty of water.

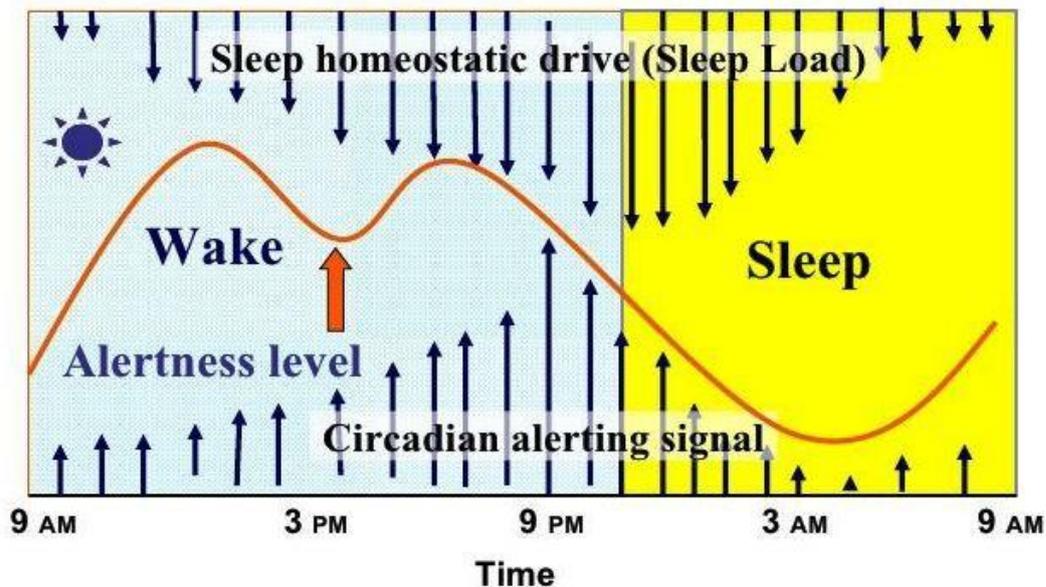
**Note: - Do not switch ON your TV or cell phone.**

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## 7. Study during the early hours of the day

Studying in the morning or at night both come with their own advantages and disadvantages, but according to research, the human brain is much active at early hours of the day. You can learn much more effectively.



## 8. Do not use Shortcuts

Before picking up the notes, first, pick up the whole theory and practice it thoroughly, but if the exams are too early then you can pick the notes.

## 9. Reward yourself after completion of every topic

When you reward yourself after every topic, your brain gets habituated to completing every topic.

## 10. Save enough time for revision

Save time for revision because you have to check how much you have learned and how much you have to learn. Revise every topic regularly and test your knowledge.